

# Detailed Course Module Description

Module/Learning Objectives	Level of Detail in Module by Audience		
	Consumers	Gen Ed/ Community College	Trades
<b>1. Energy Issues and Building Solutions</b> Learning Objectives: <ul style="list-style-type: none"> <li>• Define terms of building science, ecological systems, economics of consumption</li> <li>• Relate building science perspective, ecology, social science</li> <li>• Explain historical energy and environmental issues related to buildings</li> <li>• Compare Site and source energy</li> <li>• Examine the health, safety and comfort issues in buildings</li> <li>• Examine the general context for building solutions (zero energy green home with durability as the goal)</li> <li>• Explain a basic overview of alternative energy (total solar flux) – do we have enough energy</li> <li>• Examine cash flow to homeowners</li> <li>• Demonstrate ability to find, evaluate and synthesize knowledge regarding building performance and sustainability</li> <li>• Define Business case – career opportunities</li> <li>• Explain appropriate technology and systems (and how to research them with every lesson)</li> <li>• Define interconnections / inter-relationships among building systems</li> </ul>	High	High	High
<b>2. Introduction to Sustainable Design &amp; Building Performance</b> Learning Objectives: <ul style="list-style-type: none"> <li>• Describe how a building works as a system</li> <li>• Explain the flow of air, heat, liquid water and water vapor</li> <li>• Describe the importance of climate-specific design details</li> <li>• Relate IEQ issues to health</li> <li>• Relate Building performance to overall sustainability</li> <li>• Describe the characteristics of available fuel choices</li> <li>• Examine the roles and responsibilities of the building team</li> <li>• Explain the need for respect within the building team</li> </ul>	High	High	High
<b>3. Flows: Air, Heat, Water, Vapor (Site related)</b> Learning Objectives: <ul style="list-style-type: none"> <li>• Comprehend specific issues related to pressure- and temperature-induced flows</li> <li>• Grasp the significance of water flows and their roles in building details related to the drainage plane and other building elements</li> <li>• Recognize the need to manage relative humidity (condensation)</li> <li>• Understand the air change rate and its relationship to above concepts</li> <li>• Describe how heat, air, and moisture flows are linked (use hanging mobile)</li> <li>• Show examples of buoyant forces and the tendency for warm air to move in a particular way</li> </ul>	Medium	Medium	High

<ul style="list-style-type: none"> <li>• Water flow <ul style="list-style-type: none"> <li>○ Show capillary effect of wood, concrete and glass</li> <li>○ Discuss moisture storage of building materials as time and temperature specific</li> <li>○ Design to ensure drying; dry-ability = durability; 4D's – deflection, drainage, drying and durability</li> </ul> </li> <li>• Describe the relationship between relative humidity and health, r.h. and condensation (temperature) and r.h. and durability (again condensation)</li> <li>• Recognize by source the pressures acting to move air in a building (air leakage forces)</li> <li>• Quantify amount of heat loss (or gain) (average) attributable to air leakage</li> <li>• Explain how to control air, heat and moisture flow in buildings</li> <li>• Recognize psychrometric chart and the cause of condensation</li> <li>• Define dew point and give an example of its occurrence and result</li> </ul>			
<p><b>4. Building Materials and Their Properties</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Differentiate between different materials based on their porosity and the impact it has on properties, such as wetting and drying, capillarity, etc.</li> <li>• Define and be able to use: <ul style="list-style-type: none"> <li>○ Vapor perm ratings</li> <li>○ Air perm ratings</li> <li>○ r-values/u-values – look at all materials, including glazing</li> </ul> </li> <li>• Differentiate between individual material ratings and the performance of installed materials in the context of the completed assembly <ul style="list-style-type: none"> <li>○ Thermal by-pass</li> <li>○ Resistance as r-value</li> <li>○ radiation</li> </ul> </li> <li>• Practice waste reduction and use regionally appropriate and ecological materials</li> <li>• Predict effect of mass and phase change on building performance</li> <li>• Compare life span of materials</li> <li>• Account for embodied energy</li> </ul>	Medium	Medium	High
<p><b>5. Climate and Designing with Nature</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Identify hydro-thermal regions</li> <li>• Apply heating and cooling degree day concept and summer and winter design conditions to construction details</li> <li>• Discuss relationships among temperature, precipitation, and construction techniques</li> <li>• Give examples showing the importance of climate-appropriate design and construction detail</li> <li>• Explain the relationship between solar geometry and building/window orientation</li> <li>• Define daylighting methods and give examples of applications</li> <li>• Describe methods to control solar gain (shading) to occupants benefit</li> <li>• Describe how wind influences design location of intake and exhaust</li> <li>• Describe methods to apply natural ventilation to</li> </ul>	High	High	High

occupants' benefit <ul style="list-style-type: none"> <li>Identify building details related to seismic conditions, hurricane-resistance, wind, fire, corrosion and other climate-specific factors that affect structural durability</li> </ul>			
<b>6. Building Design, Systems Engineering</b> Learning Objectives: <ul style="list-style-type: none"> <li>Explain systematic relationships among conditioning source, distribution network, and (location and selection) and terminal units with building envelope.</li> <li>Identify sources of thermal by-pass (residential air leakage)</li> <li>Name appropriate control methods for thermal by-pass</li> <li>Discuss reasons why work and storage spaces should be isolated from living space</li> <li>Name methods to accomplish isolation</li> <li>Describe the method for insulating and isolating attics and crawl spaces (maybe move to 8?)</li> <li>Identify methods used in performance diagnostics</li> </ul>	High	High	High
<b>6b. Building Design, Systems Engineering and Commissioning</b> Learning Objectives: <ul style="list-style-type: none"> <li>Demonstrate correct use of blower door, duct blaster, and similar diagnostic tools</li> <li>Define the role of design details, specifications, and trade contractor scopes of work with respect to quality and high performance</li> <li>Explain the process of building commissioning</li> <li>Given typical commissioning records, interpret system performance</li> <li>Explain importance of maintaining commissioning records</li> </ul>	Low	Low	High
<b>7. Site: Drainage, Pest Control, Landscaping</b> Learning Objectives: <ul style="list-style-type: none"> <li>Relate water run-off to site grading</li> <li>Explain the practices to manage residual toxins, termites, rodents, and other pests</li> <li>Discuss proper placement of vegetation, mulch, and other decorative land cover</li> <li>Relate soil properties to soil conditioning</li> <li>Describe the effects of irrigation on the durability of the building</li> </ul>	High	Medium	High
<b>8. Foundation: Moisture Control and Energy Performance</b> Learning Objectives: <ul style="list-style-type: none"> <li>Describe foundation construction techniques essential for the prevention of moisture and management of soil gas entry (radon)</li> <li>Relate foundation systems to overall building energy performance</li> <li>Explain climate-specific use of alternative foundation insulation systems</li> </ul>	Medium	Medium	High
<b>9. Building Envelope: Moisture Control and Energy Performance</b> Learning Objectives: <ul style="list-style-type: none"> <li>Learn roof and wall assembly materials and techniques essential to water management (including flashing)</li> <li>Learn roof and wall assembly materials and techniques essential to air infiltration</li> <li>Learn roof and wall assembly materials and</li> </ul>	High	High	High

<p>techniques essential for the prevention of vapor intrusion and drying of interstitial spaces</p> <ul style="list-style-type: none"> <li>• Learn climate- and design-specific use of alternative glazing systems</li> <li>• Become familiar with insulation selection criteria, advantages and disadvantages of various types of insulation</li> <li>• Explain what happens when insulation gets wet</li> <li>• Explain the purpose of a vapor retarder and the reasons for where it is placed</li> <li>• Distinguish between vapor retarder materials and weather barriers and their functions in buildings</li> <li>• Become familiar with appropriate climatic treatments for flashing (waterproofing) window penetrations</li> <li>• Explain the concept of drainage planes, gravity flow, roof penetration flashing, and how to keep the house dry</li> <li>• Describe the effect of voids and imperfections in insulation</li> </ul>			
<p><b>9b. Windows, Doors and Other Penetrations</b></p> <ul style="list-style-type: none"> <li>• Describe radiation effect, conduction and convection heat flows through windows and doors</li> <li>• Discuss low E films, gas fills and low conduction spacers</li> <li>• Discuss NFRC labels and explain U/R value, visual transmittance, solar heat gain, coefficient &amp; condensation resistance</li> <li>• Describe the sequence of a gravity-layered flanged window installation</li> <li>• Recall that there are two types of windows: windows that leak now, and windows that will leak</li> <li>• Describe appropriate materials for flashing that are waterproof, durable, compatible, formable and their mechanical properties</li> <li>• Analyze flashing requirements for drainage, continuity, end dams, drip effect and accommodate movement</li> <li>• Describe where to flash; wall assemblies, roof lines, top &amp; bottom of doors and windows, penetrations, balconies, doors and decks</li> <li>• Recognize that some water will get past the cladding, always install a weather barrier that drains</li> <li>• Describe the importance of installing a weather barrier from the bottom of the building to the top, layered, shingle-fashion</li> </ul>	High	High	High
<p><b>10. Mechanicals/Electrical/Plumbing: Systems Engineering, Energy Performance, Occupant Health, Safety, Comfort, and Envelope/Mechanicals Management, Part I</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Identify equipment and explain duct issues</li> <li>• Relate mechanical system design to architectural design</li> <li>• Explain best practices for selection, installation and maintenance of mechanical equipment</li> <li>• Describe efficiency standards and appliance ratings</li> <li>• Explain the concepts air conditioning</li> <li>• Describe hot water systems</li> <li>• Explain issues related to ducts for air distribution</li> <li>• Explain the use of controls and monitoring and their impact on energy performance</li> </ul>	Low	Low	High

<ul style="list-style-type: none"> <li>Describe the use of spot ventilation to control moisture at its source</li> <li>Calculate ventilation rates using ASHRAE 62.2</li> <li>Describe the use and application of evaporative cooling</li> </ul>			
<b>11. Mechanicals/Electrical/Plumbing: Systems Engineering, Energy Performance, Occupant Health and Safety, Comfort, and Envelope/Mechanicals Management, Part II</b>	<b>High</b>	<b>High</b>	<b>High</b>
Learning Objectives: <ul style="list-style-type: none"> <li>Explain the purpose function operation and maintenance of ventilation systems</li> <li>Describe the conditions that cause and effects the result from back draft issues</li> <li>Describe control and venting of combustion products and symptoms of failure</li> <li>Recognize a sealed combustion system and discuss IAQ effects</li> <li>Identify and use appropriate methods to seal penetrations (e.g. wires, pipes, ducts)</li> <li>Demonstrate ability to seal and test duct work for air leakage</li> <li>Explain the role of indoor relative humidity in building performance and the conditions-based need for dehumidification/humidification</li> <li>Describe the operation, control and application of alternative heat pumps</li> <li>Describe operation control and application of combustion appliances (e.g. wood burners, fireplaces and natural gas inserts)</li> <li>Walk on water</li> </ul>			
<b>11b. Electricity Payload</b>	<b>High</b>	<b>High</b>	<b>High</b>
Learning Objectives: <ul style="list-style-type: none"> <li>Recognize the Energy Star label and interpret its information</li> <li>Introduce TED and tell us how to know him better and what he can do for us</li> <li>Explain a “phantom” load and why it affects your utility bill</li> <li>Define watt, kWh, BTU (British thermal unit)</li> <li>Explain the three different electrical lighting types (compact fluorescent, incandescent, halogen, and LED) and their advantages and disadvantages</li> <li>Estimate your own hot water use and describe how renewable energy sources might provide this energy service</li> </ul>			
<b>11c. On-site Generation</b>	<b>Medium</b>	<b>High</b>	<b>High</b>
Learning Objectives: <ul style="list-style-type: none"> <li>Describe the application of PV &amp; wind generated power to the building load</li> <li>Discuss the use of solar thermal systems for water and space heating</li> <li>Discuss future technologies such as fuel cells and plug-in hybrid cars</li> </ul>			
<b>12. Field Issues: Construction Management, Codes, and Other Regulatory Matters (Optional)</b>	<b>Low</b>	<b>Low</b>	<b>High</b>
Learning Objectives: <ul style="list-style-type: none"> <li>Relate practical matters that affect implementation of design details, specifications or purchasing</li> </ul>			

<p>requirements, and scopes of work including construction labor issues and homebuyer concerns</p> <ul style="list-style-type: none"> <li>• Describe code enforcement and zoning ordinance issues that may obstruct the construction of high performance housing and effective counter strategies</li> <li>• Impact of codes/standards on building performance and sustainable design</li> <li>• Discuss local public policy; Impact of policy, regulation and enforcement</li> <li>• Review the process of policy development and change</li> <li>• Relate that high performance construction is a team process, just because a general contractor or buyer wants high performance, it takes subcontractors and employees to understand the details and importance to succeed</li> </ul>			
<p><b>12b. Benchmarking performance: meeting and exceeding the norm</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Apply building simulation tools and techniques for measurement and prediction <ul style="list-style-type: none"> <li>○ Metrics of performance – how to measure performance and make adjustments</li> <li>○ Ability to use tools to analyze buildings and make design decisions (energy, environment, etc.)</li> </ul> </li> <li>• Exceeding Code <ul style="list-style-type: none"> <li>○ Compare valuation methodologies for building performance and sustainable design (HERS, LEED for homes, local green building program, etc.)</li> </ul> </li> </ul>	<b>Low</b>	<b>Low</b>	<b>High</b>
<p><b>13. Community Scale</b></p> <p>Learning Objective:</p> <ul style="list-style-type: none"> <li>• Describe relationship between single building &amp; site land use, infrastructure and ecological impacts</li> <li>• Relate buildings to utility systems (electric, gas, water and sewerage)</li> <li>• Explore impact of peak loads on the utility system</li> <li>• Identify rate structure and potential effects on decision-making</li> <li>• Relate building location and density to community transportation options (cars, public transportation, biking and walking)</li> <li>• Discuss community-scale generation options (district heating and cooling, landfill gas generation, etc.)</li> </ul>	<b>Medium</b>	<b>High</b>	<b>High</b>
<p><b>14. Putting it all Together: Experiential Learning in the Field / Office</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Integrate class lessons with field demonstrations <ul style="list-style-type: none"> <li>○ Trade only: through a partnership with a high performance builder, shadow a construction manager for an assigned time during a one-week period</li> <li>○ Participate in utility or third party audit</li> </ul> </li> <li>• Assess best practice via web-based case studies (new construction and retrofit) <ul style="list-style-type: none"> <li>○ Discuss differences and similarities</li> <li>○ Discuss what works and what doesn't</li> <li>○ Discuss design intent vs. as-built performance</li> </ul> </li> <li>• Create new information <ul style="list-style-type: none"> <li>○ Perform evaluation of local buildings and compare</li> </ul> </li> </ul>	<b>Medium</b>	<b>High</b>	<b>High</b>
<p><b>15. Homeowner Education (Communicating with the Consumer)</b></p>	<b>High</b>	<b>High</b>	<b>High</b>

<p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Identify tax incentives</li> <li>• Related building performance to financing and insurance: e.g. energy improvement mortgages</li> <li>• Explain the value of commissioning, punch lists, and home inspection</li> <li>• Develop/apply best practices: O&amp;M manuals</li> <li>• Evaluate occupancy lifestyle impacts: e.g. TED</li> <li>• Selling energy efficiency</li> <li>• Analyze home energy audits</li> <li>• Encourage energy efficiency &amp; technology: behavior via social diffusion</li> <li>• Trades only: promote and apply cleanliness of the job site</li> </ul>			
<p><b>16. Conclusions, Implications, sources of further learning and continuing education</b></p>	<p><b>High</b></p>	<p><b>High</b></p>	<p><b>High</b></p>
<p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Review and Reinforce materials covered and studio and field experiences</li> <li>• Discuss current research topics regarding high performance buildings</li> <li>• Restate the need for life long learning</li> <li>• Reflection</li> <li>• Diagram all of the energy inputs and losses from a building</li> <li>• List all systems involved in air circulation in a building</li> <li>• Identify most important factors affecting building comfort and safety</li> <li>• Identify all sources of energy inputs to the construction of a building</li> <li>• Explain how HPB can effect world energy issues</li> <li>• List ways to make a difference in current world energy imbalances</li> </ul>			